

Caregiving essentials



The daily tasks of caring for the sick and incapacitated can be challenging for untrained caregivers. Nurse Jan Home Services has thus designed training programmes to impart the required know-how. At their workshops, caregivers learn to perform various tasks, such as the administration of injections, tube feeding, stoma care, and the lifting, transferring and passive exercising of the incapacitated.



CLASS 136

136 Elder/ Nursing Care

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NURSE JAN
Home Services

Nurse Jan Home Services run caregiver training programmes on a weekly basis, during weekends from 2pm – 5pm.

Training Workshop A:

- Topic 1 – Administration of Subcutaneous Injections
- Topic 2 – Nasogastric Tube Feeding

Cost Fee: **\$90**

Training Workshop B:

- Topic – Stoma Care
- i) Types of stoma
- ii) Changing of stoma base plate
- iii) Changing of stoma bag
- iv) Dietary Advice

Cost Fee: **\$120**

Training Workshop C:

- Topic – Transfer, Lifting & Passive Joint Range of Motion Exercises

Cost Fee: **\$150**

Our nurses are trained professionals with a great passion to deliver quality home nursing services. Our wide range of services include nasogastric tube insertion, in-dwelling urinary catheterization, wound dressing, mobile blood taking service, home administration of IV antibiotics, private home nursing and even befriending services.

Special promotion (for a limited period), readers entitled to **10% discount** on nursing services.

CALL and BOOK for an appointment NOW @ 6604 7922/9222 0126. Visit our website www.nursejanhomeservices.com to register for our class and wide range of NURSING SERVICES available.